



Pet Allergies

The first thing you should consider is whether it truly is your pet that is causing the allergic reaction. What if it is dust in the home after a long winter with the windows tightly shut? Or a bit of pollen that your dog rolled in while out for a walk in the park? If you are able, it is extremely important to have an allergy test done to determine if Fluffy really is to blame.

Sad but true however, for 15% of us our furry friends can give us a serious case of the sniffles, although unlike what many believe it is not actually their fur that causes the issue. Most people are allergic to pet's saliva which coats the fur and dander when your pet is grooming.

While pet allergies may be annoying, they can often be managed in a way that allows you or your loved ones to continue enjoying life, while keeping your pet.

Before bringing your pet into the shelter, have you tried:

- ✓ Brushing and bathing your pet regularly
- ✓ Purchasing HEPA (High efficiency particulate air) filters for the home
- ✓ Removing carpets
- ✓ Sweeping, vacuuming and dusting frequently
- ✓ Limiting your pet's access to certain rooms, such as the bedroom
- ✓ Keeping your pets off of fabric furniture
- ✓ Washing your pet's bedding regularly
- ✓ Washing your hands frequently
- ✓ Medical treatments for yourself such as antihistamines, steroids, or immunotherapy as prescribed by a doctor

It may require a little extra effort on your part, but aren't they worth it?

